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## FAMILY OVERNIGHT: SMOKY RIVER

Overnight trip guests usually come into town the night before. We can arrange accommodation, please inquire. Once in town, please call us to set a time to come to our office. You finish your trip payment, fill out the waiver/medical form, get sized into rafting gear (see below), and get dry bags for your gear. Meet us at our booking counter in the morning.

Wear the clothes you want to use in camp that evening, have your swimsuit on under your clothes, and wear shoes that can get wet. You will get changed into your wetsuits once we arrive at the river. It is a 1hr drive to the river. Your guides will be there prepping the boats. The guides will pack your gear on the boat and get it ready to launch. A safety talk is given before we launch. We spend about 2 hrs floating before we stop on shore to have lunch, then another 2 hrs until we make camp for the night. Once camp is set (everyone helps with this), the guides prepare supper. After, the evening is yours; enjoy the campfire, stroll the beach, etc.

The next morning the guides will wake you with a fresh breakfast. Then everyone helps pack up and load the boats. This is our big white water day! The first 2-3 hours are spent hitting the big waves. After lunch, the last 3 hours are spent floating to the end of the trip.

**Specs:** Ages 8 & up, beginner/ intermediate class 2/3.

**Everyone. \$330/person for a 2 day trip. \$430/person for a 3 day trip.**

### Group Rates:

Save 5% with 8 or more, 10% with 15 or more, 15% with 20 or more

### Deposit & Cancellation Policies

50% deposit required to book. If booking less than 30 days before trip date full payment is required. Balance due 30 days prior to trip date. Payments can be cash, debit or credit card. 30 days notice or more for CREDIT less 10%. Less than 30 days no credit, no refund available.

### NO SHOWS:

If you arrive with less people than you booked for, the full cost of missing guests will be charged on the deposit credit card. No refund or credit.

### SAMPLE MENUS

#### Lunch:

- Tortilla chips w/salsa & sour cream
- Whole-wheat flour pita shells with veggies, meat and cheese for stuffing.
- Home-made cookies
- Iced tea or lemonade & water

#### Dinner:

- Soup, crackers & cheese
- Linguine covered in a savory vegetable & chicken sauce.
- Chocolate brownies
- Coffee, tea, iced tea, hot chocolate, water

#### Breakfast:

- Fresh Fruit
- Granola or hot oatmeal
- Fresh baked muffins
- Coffee, tea, juice, hot chocolate or water

### WHAT TO BRING:

The mountains can be almost any temperature in the summer. The best thing to be is to be able to dress in layers so you can adapt to the weather. Call us if you have questions about what is appropriate to bring.

- Long underwear or warm lightweight layer (polypro if you have it).
- Long johns or similar to sleep in.
- 2 changes of underclothes, 3 pairs of socks.
- T-shirt or tank top & shorts.
- Warm pullover & warm light-weight pants (not denim or cotton, fleece if possible)
- A lightweight water/wind resistant jacket
- Swimsuit.
- Shoes that can get wet such as tennis shoes or sport sandals. Must stay securely on your feet.
- Dry shoes such as runners or light hikers
- Face cloth, small towel & any personal toiletries
- Flashlight (headlamp preferred if you have it)
- Sun glasses, tie-on to hold glasses on
- Sunscreen.
- A sun hat and a warm hat.
- Extra medication if you are currently taking any. Bring 2 sets of critical medication, give one to the guides, keep the other with your gear.
- Compact sleeping bag; must fit into a 1' by 1.5' space. (if not renting)
- Tent; waterproof, durable, complete! (if not renting)
- Thin sleeping pad such as ensolite or thermarest (if not renting).
- Camera: we have waterproof, disposable ones for sale. We provide dry bags for non-waterproof cameras, but can't guarantee dryness
- Waterbottle

3 day trips: bring an additional set of underclothes & socks. If you are prone to being cold, bring an additional warm layer.

### WHAT WE PROVIDE:

- Thermal full-body (sleeveless) wetsuits.
- Wind/water resistant splash jackets.
- High impact ProTech whitewater helmets.
- Wetsuit jacket on cold days
- Splash pants on cold days.
- Neoprene socks to keep your feet warm
- Gloves & mitts on cold days.
- 55L dry bag for storage of personal equipment and clothing. You have about a 1' by 2' area for all your personal gear, including your sleeping bag.
- White Water Rafting approved PFD's.
- Transportation to & from the river.
- All meals, snacks and beverages. You may bring reasonable amounts of other personal beverages for evening consumption.

